

# 31 Home Journal Prompts

1. What do you love most about your home?
2. What do you most want to change about your home?
3. Write a list of areas to declutter in your home.
4. Name 10 specific things to donate or throw away.
5. What new items do you need? Make a list.
6. What colors do you like?
7. What textures and shapes?
8. What décor style do you prefer? For instance, mid-century modern, Farmhouse, Victorian. {It's ok if you like many styles, or if you're unsure!}
9. Write about anything stopping you from home decorating or homemaking projects (such as money, needed repairs, upgrades, cleaning, or decluttering.)
10. Why is a nice home important to you?
11. What less-than-ideal home characteristics or issues can you live with?
12. What needs to change in your home asap?
13. If you could magically add one new feature to your home, what would it be and why?
14. If your home could give you advice, what do you think it would say?
15. Describe the community and neighborhood you live in.
16. Describe the relationships of those in your house.
17. Can you create or have your ideal home? Why or why not? When? How?
18. How does your home make you feel currently?
19. How well does your home support the following: Adequate sleep, rest, relaxation, social time, family time, quiet time, cooking healthy food, reading, fitness, education/personal growth, spirituality.
20. Name a few places you've always wanted to live. Would you ever move?

21. What are you grateful for about your house?
22. How do you want guests to feel when they enter your home?
23. What vibe do you want to create in your home?
24. List 10 activities you enjoy doing at home.
25. List a few activities you would like to do at home that you currently can't or don't do.
26. Is there anything blocking you from organization? Cooking? Cleaning? Decorating? Maintenance? Rest? Relaxation?
27. What are you giving up on around your home? (Sometimes you have to "let it go" about the wall color or the broken tile.)
28. What are three small changes you could make to bring more joy into your space?
29. Describe your dream reading nook or relaxation corner- what does it look and feel like?
30. If your home had a personality, how would you describe it?
31. Write about a meaningful object in your home and the story behind it.